

Level 2 & 3 in Health and Social Care

Working in Health and Social Care



This workbook will enable you to explore what it is like to work in the health and social care sector, including the roles and responsibilities of workers and organisations.

Welcome to Health and Social Care!

The purpose of this workbook is for you to develop a wide knowledge of different workers in the health and social care sector.

You will be finding out what the roles and responsibilities of different health and social care workers are. You will also be using this knowledge to explain how different health and social care workers work together in order to provide care.

What you will be learning about

There are a variety of different roles within health and social care roles these include:

- Doctors
- Nurses
- Midwives
- Healthcare Assistants
- Social Workers
- Occupational Therapists
- Paramedic
- Physiotherapist

These roles also have responsibilities within health and social care settings such as:

- Following policies and procedures in the settings they work in
- Healing and supporting recovery for people who are ill
- Enabling rehabilitation
- Provision of equipment and adaptations to support people to be more independent
- Provision of personal care such as washing, feeding, toileting
- Supporting service users to maintain day to day routines including family life, education, employment and leisure activities
- Assessing and planning the care and support needed with involvement of service users and their families

Who works in health and social care?

How many different health and social care workers can you come up with? You have **1 minute** to name as many as you can!

The following website will support you to explore the following roles in health and social care

www.healthcareers.nhs.uk/explore-roles

www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx

Meet the professionals

Doctor

www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/general-practice-gp Click on link to learner more about the role



What is the role of a doctor?

What are the responsibilities of a doctor?

Nurse

<https://www.healthcareers.nhs.uk/explore-roles/nursing/studying-nursing> Click on link to learner more about the role



What is the role of a nurse?

What are the responsibilities of a nurse?

Midwife

www.healthcareers.nhs.uk/explore-roles/midwifery/roles-midwifery/midwife Click on link to learner more about the role



What is the role of a midwife?

What are the responsibilities of a midwife?

Healthcare Assistants

<https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/healthcare-assistant> Click on link to learner more about the role



What is the role of a healthcare assistant?

What are the responsibilities of a healthcare assistant?

Social Worker

www.basw.co.uk/resources/become-social-worker/what-do-social-workers-do Click on link to learner more about the role



What is the role of a social worker?

What are the responsibilities of a social worker?

Occupational Therapist

www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/occupational-therapist Click on link to learner more about the role



What is the role of an occupational therapist?

What are the responsibilities of an occupational therapist?

Paramedic

www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/paramedic Click on link to learner more about the role



What is the role of a paramedic?

What are the responsibilities of a paramedic?

Physiotherapist

www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/physiotherapist Click on link to learner more about the role



What is the role of a physiotherapist?

What are the responsibilities of a physiotherapist?

Applying what we have learned

Describe two responsibilities of healthcare assistants when looking after patients on hospital wards.

1)

2)

Now you have explored roles and responsibilities within health and social care, what would be your chosen career?

Take the quiz!

Have you got what it takes to work in health and social care? Take the Question Care quiz.

www.aquestionofcare.org.uk/

Let's find your health career

There are over 350 different careers in the NHS. Many work with patients but there are many that don't. Not everyone needs a degree either! What they all have in common is that they make a difference to people's lives everyday.

By answering some simple questions, you can now find the careers that best suit you.

www.healthcareers.nhs.uk/findyourcareer

Activity

Now you have researched and learnt about different roles and responsibilities, chose two different careers and produce a career timeline.

Why learn about Dementia?

Dementia in the UK

Dementia is a global concern but it is most often seen in wealthier countries, where people are likely to live into very old age. The Alzheimer's Society (2014) reports there are over 850,000 people living with dementia in the UK today. Of these, approximately, 42,000 are people with young onset dementia, which affects people under the age of 65.

As a person's age increases, so does the risk of them developing dementia. It is estimated that the number of people living with dementia in the UK by 2021 will rise to over one million. Rates of diagnosis are improving but many people with dementia are thought to still be undiagnosed.

We are now going to explore conditions leading to dementia, their causes, symptoms, the effects on individuals and the support required to ensure independence and dignity for individuals, through social care TV

About dementia – www.scie.org.uk/dementia/about/

What causes dementia – www.scie.org.uk/dementia/symptoms/diagnosis/causes-of-dementia.asp

Symptoms of dementia – www.scie.org.uk/dementia/symptoms/diagnosis/

After diagnosis of dementia – www.scie.org.uk/dementia/after-diagnosis/support/

Dementia from the inside – www.scie.org.uk/dementia/about/dementia-from-the-inside.asp

Living with dementia – www.scie.org.uk/dementia/symptoms/young-onset/living-with-young-onset-dementia-video.asp

Supporting individuals with dementia –

www.scie.org.uk/dementia/supporting-people-with-dementia/living-care-home-positive-outcome.asp

www.scie.org.uk/dementia/supporting-people-with-dementia/participation-in-development.asp



Now think about what you have learnt!

What do I know about dementia?

Recommended textbooks:

www.amazon.co.uk/BTEC-First-Health-Social-Student-ebook/dp/B01N7YGRO0/ref=sr_1_19?dchild=1&keywords=level+2+health+and+social+care+textbook&qid=1587484244&s=books&sr=1-19

www.amazon.co.uk/First-Health-Social-Revision-Guide/dp/1446909816/ref=sr_1_18?dchild=1&keywords=level+2+health+and+social+care+exam+textbook&qid=1587484155&s=books&sr=1-18